

## WHAT IS ACNE?



Acne, also known as acne vulgaris, is a long-term skin disease that occurs when hair follicles are clogged with dead skin cells and oil from the skin. It is characterized by blackheads or whiteheads, pimples, oily skin, and possible scarring.

## TYPES OF ACNE DISORDERS

- Whiteheads.
- Blackheads.
- Pustules, which are commonly called pimples.
- Papules.
- Cysts.
- Nodules.

## CAUSES OF ACNE DISORDERS

- Excess oil production.
- Hair follicles clogged by oil and dead skin cells.
- Bacteria.
- Excess activity of a type of hormone (androgens)

## SYMPTOMS OF ACNE

- Whiteheads (closed plugged pores)
- Blackheads (open plugged pores)
- Small red, tender bumps (papules)
- Pimples (pustules), which are papules with pus at their tips.
- Large, solid, painful lumps beneath the surface of the skin (nodules)

## NEUROTHERAPY TREATMENT

**If the pimples are infected and having pus then give:**

**Virus treatment formula**

**When pus is not there, give;**

**Acid treatment formula**

**(3) Swt**